Filled block (dc in next 3 sts) Open block (ch 2 and sk next 2 sts, dc in next st)

X Crossed Trebble/Tripple Crochet (Xtr) .. Open sided block (Ch 2)

|.. on odd rows ..| on even rows One sided block (ch 2 and sk next 2 sts, dc in next dc)

Repeat section